

# CARLISLE MENCAP MEMBERSHIP 2023/2024



## Carlisle Mencap now needs your support more than ever!

Carlisle Mencap is a Membership Organisation and we really value our members – you help us maintain our vital support and services.

Thank you!

**It costs JUST £5.00 so please join and get your family and friends to join us as well!**



**If you can afford more, then see over page for suggested donations and how your money makes such a difference!**

Name/s \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

Email address \_\_\_\_\_

Amount paid \_\_\_\_\_ £5.00 per member

This form can be used for multiple applications.

Visit us on [www.carlisle Mencap.co.uk](http://www.carlisle Mencap.co.uk)

Tel. 01228 674393

Charity No 1115348

We would like to keep your details on file for the duration of your 12 months' membership so we can send you information about our activities, events or appeals. We NEVER pass on any details to third parties and all details are securely stored on our system. You can request at any time that we delete your information. You can read about our data protection policy on our website or about general data protection on <https://www.gov.uk/data-protection>. If you agree please tick YES

YES

NO

# I would like to make a donation to help Carlisle Mencap make disabled people's lives better

Title \_\_\_\_\_ Initial(s) \_\_\_\_\_ Surname \_\_\_\_\_

Signature \_\_\_\_\_

I would like to donate £ \_\_\_\_\_

Please treat the enclosed gift as a Gift Aid donation (tick here)

Payment online to: HSBC CARLISLEMENCAP  
Sort code: 40-16-22  
Account No: 82106434  
Reference: 'Surname Initial' Member

Or by cash or with cheque/postal order payable to 'Carlisle Mencap Ltd'



Return this form to Carlisle Mencap, Unit J3, Duchess Avenue, Kingmoor Park, and Carlisle, CA6 4SN

**See below some of the amazing things we have spent money on in the last few years**



All donations make a difference thank you!

Carlisle Mencap is a charity, no 1115348  
and a company limited by guarantee no. 5595628