

# CARLISLE MENCAP MEMBERSHIP 2021/2022



## Carlisle Mencap now needs your support more than ever!

As you know, Carlisle Mencap is a Membership organisation. Because of the Covid-19 crisis, being a member is even more vital as we look to try and maintain our vital support and services.

**It costs JUST £1.25. So please join and get your family and friends to join us as well!**



**If you can afford more, then see over page for suggested donations and how your money makes such a difference!**

Name/s \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Telephone \_\_\_\_\_

Email address \_\_\_\_\_

Amount paid \_\_\_\_\_ £1.25 per member

Visit us on [www.carlisle Mencap.co.uk](http://www.carlisle Mencap.co.uk)  
Tel. 01228 674393



Charity No 1115348

We would like to keep your details on file for the duration of your 12 months' membership so we can send you information about our activities, events or appeals. We NEVER pass on any details to third parties and all details are securely stored on our system. You can request at any time that we delete your information. You can read about our data protection policy on our website or about general data protection on <https://www.gov.uk/data-protection>. If you agree please tick YES

YES  NO



# I would like to make a donation to help Carlisle Mencap make disabled people's lives better

Title \_\_\_\_\_ Initial(s) \_\_\_\_\_ Surname \_\_\_\_\_

Home address \_\_\_\_\_

Postcode \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_

I would like to donate £ \_\_\_\_\_

Please tick to help us get more funds by gift aid \_\_\_\_\_

Please treat the enclosed gift of £\_\_\_ as a Gift Aid donation

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that the charity will reclaim on your gifts for that tax year.

**Return this form with cheque/postal order payable to 'Carlisle Mencap Ltd' to Carlisle Mencap, Unit J3, Duchess Avenue, Kingmoor Park, Carlisle. CA6 4SN**

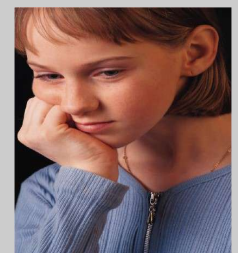


**£250** pays for a child with complex needs to spend a night at our Grace Little Centre for children in Carlisle

Amounts from **£50 to £2,000** help pay towards equipment for our sensory rooms at our children's centres in Carlisle, Penrith and Ulverston



**£20** pays for an hour of advice for a desperate family who have had their services cut



**All donations make a difference - thank you!**

Carlisle Mencap is a charity, no 1115348 and a company limited by guarantee no. 5595628